



As-Sadiq Islamic School

مدرسة الصادق الإسلامية النموذجية

Mask Requirements for Students at As-Sadiq Islamic School

Updated: Sunday, September 6, 2020

Mask Requirement Policy

For the health and safety of our students and staff, masks are required on school property. Specifically:

- **Students from Casa to Grade 12 are required to wear non-medical masks** at the school.
 - Students must wear their own mask.
 - The school will provide single use non-medical masks to students whose masks may get soiled, lost or forgotten.
- Students in pre-school are not required to wear masks as per Ministry of Education guidelines.

Wearing a non-medical mask is NOT a replacement for physical distancing, hand washing, and monitoring your health.

Parents and students should remember:

- To pack at least two, comfortable masks for use at school each day.
- School will have extra masks on hand for those whose masks may get soiled, lost or forgotten.
- To bring two small bags for masks storage:
 - A breathable bag (paper or cloth) to store masks during breaks (recess, lunch, outdoor)
 - A small Ziploc bag to store soiled masks during the school day

Proper Use of Masks

- Do not share your mask with others.
- Follow the proper etiquette in putting on, taking off and storing your mask. This includes:
 - Washing your hands before putting on and after taking off a mask
 - Placing the mask over your nose, mouth and chin
 - Avoid touching your face and mask while using it
 - Changing your mask as soon as it is moist or dirty
 - Removing the mask by the ear loops without touching the front of the mask

- For disposable/throwaway masks, these masks must be discarded in the garbage and not used again after wearing for a day.
- For reusable cloth masks, these masks must be washed after daily use. Soiled masks must be placed in a plastic bag and when home, directly in the laundry bin to be washed daily. Launder cloth masks with other items using the hot cycle and dryer.
- Do not leave your mask tucked under the chin, hanging from your ear, or on your forehead.

Types of Masks

There are many types of masks available, ranging from cloth or material, non-medical masks to N95 respirator masks. Each type of mask has its place, but not every mask is appropriate for day-to-day use.

Any mask should:

- Cover over nose, mouth and chin, and be easy to breathe through.
- Fit securely to the head with ties or ear loops without gaping or impairing vision.
- Be comfortable to avoid the need for adjustments when wearing.
- Maintain their shape throughout the day, after washing and drying.
- Not contain non-breathable materials such as plastic.

Students are required to wear non-medical masks, including:

- Disposable masks: These should be single-use non-medical masks with stretchable elastic ear loops. After wearing for a day these masks should be discarded and not used again.
- Cloth masks: These masks must be 2-layer cotton masks and can be used daily but must be washed regularly.
- Homemade Mask: A mask can be made at home however, these masks must be 2-layer cotton mask and can be used daily but must be washed regularly.

Masks Not Recommended for Use

Some commercially available masks have exhalation (breathable) valves or openings that make the mask more breathable for the person wearing it, but these masks also allow infectious respiratory droplets to spread outside the mask. Masks with exhalation valves are [not recommended](#) because they don't protect others from COVID-19 and do not limit the spread of the virus.

Use of Face Shields as an Alternative to Masks

A face shield is **not** an alternative to a mask. The Centers for Disease Control (CDC) has stated that they do not recommend the use of face shields as a substitute for disposable or reusable masks for everyday use.